



AGENDA

Half Moon Bay, California The Ritz-Carlton, Half Moon Bay October 27-30, 2019

Sunday, October 27

- 1:00 pm - 4:00 pm Conference Registration (*The Ritz-Carlton Ballroom Foyer*)
- 4:00 pm - 5:30 pm Opening General Session (*Salon 1/2*)
- 5:30 pm - 6:30 pm Conference Reception (*Miramar*)

Monday, October 28

- 6:30 am - 8:00 am Breakfast (*From 7:00 to 7:45, have your breakfast in Salon 1 and enjoy a special presentation by our sponsor, Blue Zones Project®.*)
- 8:00 am - 9:30 am General Session
- 9:30 am - 9:50 am 20-Minute Beverage Break
- 9:50 am - 11:20 am Breakouts
- 11:20 am - 11:30 am 10-Minute Beverage Break
- 11:30 am - 12:30 pm Workshops

Tuesday, October 29

- 6:30 am - 8:00 am Breakfast
- 8:00 am - 9:30 am General Session
- 9:30 am - 9:50 am 20-Minute Beverage Break
- 9:50 am - 11:20 am Breakouts
- 11:20 am - 11:30 am 10-Minute Beverage Break
- 11:30 am - 12:30 pm Workshops

Wednesday, October 30

- 6:30 am - 8:00 am Breakfast
- 8:00 am - 10:40 am General Session
- 10:40 am - 11:00 am Closing Session
- 11:00 am Conference Adjourns