



Rishi Manchanda, MD, MPH

Estes Park Institute Guest Speaker



Dr. Rishi Manchanda is a physician leader, health system innovator, and author. He is President of HealthBegins, a social enterprise that provides health care professionals with tools and support to improve care and the social factors that make people sick in the first place. Manchanda has led health care systems in different settings. He has been a Chief Medical Officer for a large self-insured employer; a lead physician for homeless primary care at the VA Greater Los Angeles Healthcare System; and the first director of social medicine for a network of community health centers in south central Los Angeles. In these leadership roles, Manchanda has led transformation efforts and built cross-sector clinical and community programs

that have improved health outcomes in vulnerable communities by focusing on health-related social risk factors, such as homelessness, slum housing and food insecurity. In his 2013 TEDbook, *The Upstream Doctors*, he introduced a new model of the health care workforce that includes “upstreamists” who improve social determinants of health. Dr. Manchanda earned his bachelor’s, medical, and master’s of public health degrees from Tufts University and was the first graduate of UCLA’s combined internal medicine and pediatrics residency.